

Congratulations!!!

You have been nominated to be a **Sources of Strength Peer Leader**.

What do you do now???

Read this flyer and ***decide*** if you want to be trained to be a person who gives hope, help and strength to the students you hang-out with at Homedale High School.

Bring the parent information and permission form home and have your parents or guardians sign it. (Without this form, you cannot participate).

Return the signed form to the attendance office to Jenn or Mrs. Flaming.



If you decide to join Sources of Strength...What are you committing to?

- Attend an informational meeting during lunch on **Monday October 13th** in the library.
- On **Thursday October 23rd**, you will be involved in a Sources of Strength leadership training event during **4th, 5th and 6th periods**. Also, you will be served pizza for lunch that day. (This will be considered a school excused absence).
- Following the training day, Source of Strength students will meet once a month to come up with ideas to help promote a culture of Hope, Help and Strength throughout the school.

What is the Sources of Strength program about?

Sources of Strength is a youth suicide prevention project that utilizes the power of peer social networks. The program is designed to prevent suicide by increasing help seeking behaviors and connections between peers and caring adults with a focus on **Hope, Help and Strength**.

Homedale High School Sources of Strength Teacher/Advisors:

Mrs. Belanger, Mrs. Flaming, Mrs. Isla, Mr. Wiemerslage, Mr. Grove, Mrs. Updike, Mrs. Emery, Coach. Holtry, Mrs. Levinski (Jenn), Mrs. Brumfield.

Need more information check out these websites:

<http://sourcesofstrength.org/> or http://studentservices.accountsupport.com/hhs_sources_of_strength.html